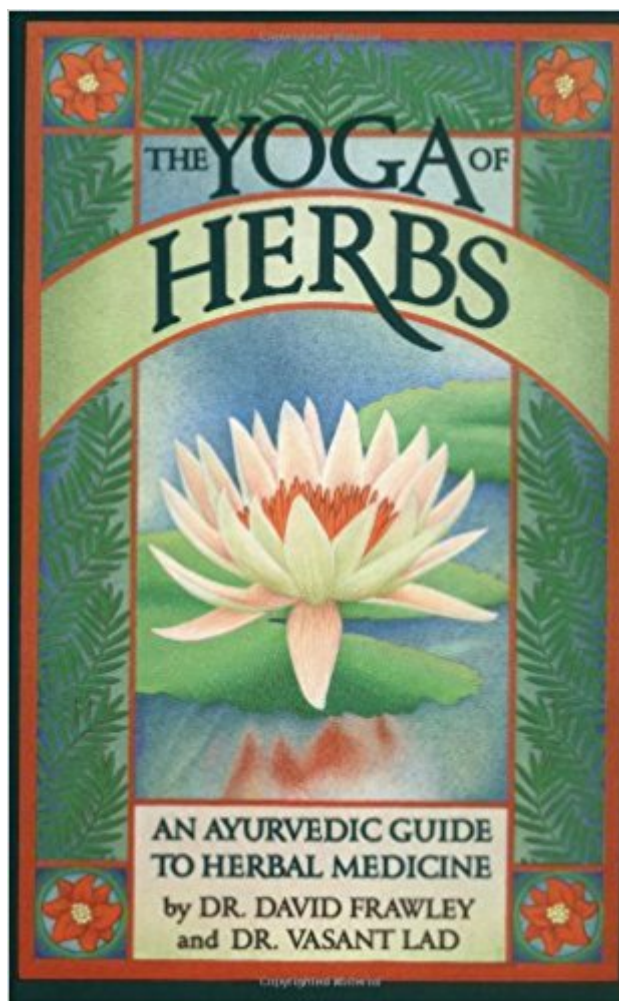


The book was found

The Yoga Of Herbs: An Ayurvedic Guide To Herbal Medicine



Synopsis

Guide to the use of herbs from Ayurvedic perspective. How to balance your constitution and practice self-healing.

Book Information

Paperback: 251 pages

Publisher: Lotus Press (January 25, 1986)

Language: English

ISBN-10: 9780941524247

ISBN-13: 978-0941524247

ASIN: 0941524248

Product Dimensions: 5.6 x 0.6 x 8.7 inches

Shipping Weight: 14.4 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars 76 customer reviews

Best Sellers Rank: #144,920 in Books (See Top 100 in Books) #42 in [Books > Health, Fitness & Dieting > Alternative Medicine > Ayurveda](#) #236 in [Books > Health, Fitness & Dieting > Alternative Medicine > Herbal Remedies](#) #423 in [Books > Health, Fitness & Dieting > Exercise & Fitness > Yoga](#)

Customer Reviews

Don't buy in the meantime the kindle edition as part of important pages are turned 45 degrees and not good readable!!! just asked to correct this and I trust and hope they will listen.

Amazing reference book, I use it all the time. I've never seen an arrangement that integrated Chinese, Ayurvedic and Western knowledge so seamlessly. I am very impressed. If anyone knows of any other books on this level I would love a recommendation. I Highly regard this book.

A short lot into it and already, my definition of what Ayurveda is has been clarified and am very much looking forward to the rest of his very well written book.

Ah, this is my go to ayurvedic book in a lot of ways. David Frawley always explains complex concepts so well.

If you are interested in the Ayurvedic guide to herbs, this is the book for you. Chock full of wonderful

information and explanation about how the traditional system of Ayurvedic healing uses the botanicals available to them. Product came promptly from the seller, was in the condition stated, and I recommend them.

This is the second book I have purchased and this one is a gift to my Dr's PA.

From a classic author on the subject. A great read with valuable information.

I cannot recommend David Frawley's books enough. As a yoga instructor and someone who continues to study I am always happy with his insight and work.

[Download to continue reading...](#)

Herbal Antibiotics: 25 Best Herbal Remedies Way To Heal Yourself Faster (Herbal Antibiotics, Herbal Remedies,herbal antibiotics and antivirals) The Yoga of Herbs: An Ayurvedic Guide to Herbal Medicine How To Dry Herbs At Home: The Ultimate Guide To Drying Herbs (Herb Gardening, Herbs And Spices, Condiment Recipes, Condiment Cookbook, Herbal Recipes, ... Mixing Herbs, Spices, Sauces, Barbecue) HERBAL ANTIBIOTICS: 56 Homemade Holistic Herbal Remedies to Help Prevent, Treat, And Heal Illnesses Naturally (Herbal Antibiotics, Herbal Remedies) Herbs:How To Dry And Prepare Your Herbs - A Herbal Beginners Guide: :: Easy To Follow And Learn How To Dry And Store Your Herbs ONLY! Yoga: 100 Key Yoga Poses and Postures Picture Book for Beginners and Advanced Yoga Practitioners: The Ultimate Guide For Total Mind and Body Fitness (Yoga ... Books) (Meditation and Yoga by Sam Siv 3) Best Natural Scrubs and Herbal Remedies For Your Health and Beauty : (Body Scrubs, Medicinal Herbs, Essential Oils) (Body and Face Scrubs, Herbal Medicine) Prakriti: Your Ayurvedic Constitution (Your Ayurvedic Constitution Revised Enlarged Second Edition) Herbal Recipe Remedies: 30 Herbal Remedies That Work! (Herbal Recipes Private Collection Book 1) Yoga: The Yoga Beginner's Bible: Top 63 Illustrated Poses for Weight Loss, Stress Relief and Inner Peace (yoga for beginners, yoga books, meditation, mindfulness, ... self help, fitness books Book 1) Yoga: 21 Essential Yoga Poses to Strengthen Your Body and Calm Your Mind (FREE Meditation Bonus!): (Meditation,Yoga Poses, Relaxation, Stress Relief,Yoga for beginners) A Modern Herbal, Volume 2: The Medicinal, Culinary, Cosmetic and Economic Properties, Cultivation and Folk-Lore of Herbs, Grasses, Fungi Shrubs & [MODERN HERBAL V02] Drying Garden Herbs: The Ultimate Guide To Drying Herbs - Amazing Tips And Tricks On How To Easily Dry Fresh Herbs American Medicinal Leaves And Herbs; Guide To Collecting Herbs and Using Medicinal Herbs and Leaves Medicinal Herbs: Aromatherapy,

Essential Oils and Medicinal Herbs To Improve Your Health (Medicinal Herbs For Beginners Book
1) Alternative Medicine: Homeopathic Medicine, Herbal Medicine and Essential Oils for Total Health
and Wellness Herbal Medicine Natural Remedies: 150 Herbal Remedies to Heal Common Ailments
The Way of Ayurvedic Herbs: A Contemporary Introduction and Useful Manual for the World's
Oldest Healing System Herbal Medicine: Uses of Dried Herbs for Natural Healing, Beauty and
Health Potter's Herbal Cyclopaedia: The Most Modern and Practical Book for All Those Interested in
the Scientific As Well As the Traditional Use of Herbs in Medicine

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)